



Little Company of Mary Health Care

*A Brief Description of Our Background, Philosophies and Services
March 2006*

Introduction

Little Company of Mary Health Care (LCM Health Care) is guided in its operations by the Philosophy and Mission of the Sisters of the Little Company of Mary. The Little Company of Mary was founded by the Venerable Mary Potter in England in 1877 to pray and care for those who are sick, dying and in need.

*“We are commencing a work in time
that is to influence eternity.”
- Venerable Mary Potter LCM*



Mary Potter and her Sisters were called to live as companions of Mary, the Mother of Jesus, standing in spirit with her on Calvary while she watched over her dying son. It is in this tradition of care and compassion that the Little Company of Mary health and aged care services share in the Church’s mission of continuing the healing ministry of Jesus. The healing ministry seeks to relieve suffering, stands in solidarity with those who suffer and is a sign of hope reaching out to all people.

The first Sisters of the Little Company of Mary came to Australia in 1885, to bring Christ’s healing power to the people of the NSW colony by ministering to their physical, emotional and spiritual needs. The Sisters did this predominantly through establishing hospitals, nurse training schools, outreach and other services to provide quality care and support for people in areas of need.

Over the past 120 years, the Sisters have built up a respected reputation in Australia for the provision of high quality, values-based health and aged care. In the spirit of Venerable Mary Potter’s vision of “Being for others”, the Little Company of Mary is committed to excellence in health care. This ministry of healing and wellness has been promoted through respect for the individual, through the expression of the LCM values and through collaboration with, and service and accountability to, all who are associated with LCM Health Care services.

The Sisters of the Little Company of Mary have responded to changes occurring in the Australian health system and within its Congregation, embracing a collaborative model

A Service of the Sisters of the Little Company of Mary
with values of hospitality, healing, stewardship and respect

of working with lay leadership within facilities and services. This transition process aims to preserve the heritage created by the Sisters and ensure the continuation of the Catholic health care ministry in accordance with the mission and vision of Venerable Mary Potter.

A key part of this transition process has been the establishment of LCM Health Care. LCM Health Care is governed by a National Board which is appointed by the Province Leader and Council. The Board has been entrusted to sustain and extend the rich heritage and tradition of the Sisters of the Little Company of Mary within the healing ministry of Jesus and aims to perpetuate the story of Venerable Mary Potter and the Little Company of Mary beyond the LCM family. The Board appoints the National Chief Executive Officer who is responsible for the leadership and management of the LCM health, aged and community care services. The Board carries out its responsibilities in accordance with the Constitution of Little Company of Mary Health Care Ltd, and in accordance with the powers which are reserved (Reserved Powers) for the Province Leader and Council (as the Members of LCM Health Care Ltd) to ensure that ultimate control of LCM Health Care remains with the Congregation.

Our Strategic Plan

The National Strategic Plan guides the organisation's future strategy and has been developed as a result of an interactive process involving the Board, National and Service Executive, and the Province Leader and Council. The National Strategic Plan is fundamental to the Board fulfilling its responsibilities and accountabilities for the good governance and leadership of our health, aged and community care services on behalf of the Sisters of the Little Company of Mary. The National Strategic Plan is developed, implemented and monitored by the Board to ensure LCM Health Care works to achieve its vision in accordance with its mission and values. It is reviewed and updated annually as part of the organisation's planning and budgeting cycle.

Our Philosophies

Our philosophies are grounded in the mission of the Church along with the mission, vision and heritage of the Sisters of the Little Company of Mary. As a Catholic organisation, LCM Health Care adheres to a national code of ethical standards and principles and the Church's moral and social teachings, along with the philosophies of our founding religious institute, the Little Company of Mary. The particular values that guide us and underpin our behaviours – hospitality, healing, stewardship and respect – are values that are shared and upheld by many people in the broader community.

In accordance with the Mission of Little Company of Mary Health Care – to bring the healing ministry of Jesus to those who are sick, dying and in need – we aim to meet the highest standards of care regardless of socio-economic status, age, gender, sexual preference, race, religion, disability, or political beliefs. We believe that our commitment to providing faith and values based care attracts staff, clients, patients and residents to our Services. Staff selection is based on suitability and capability to perform the role in accordance with our values and philosophies, and not on the basis of factors irrelevant to the position, for example, race, gender, religion, age and disability.

Based on our respect for the inherent dignity of every human being there are certain services that Catholic organisations do not provide (eg tubal ligations, terminations,

vasectomies, contraceptives, and most assisted reproductive services). Although we cannot provide services not in keeping with the Church's moral teachings, those whom we are unable to assist in the way they would wish, must always be treated with courtesy, respect and compassion as they seek alternatives.

Our Health, Aged and Community Care Services

LCM Health Care provides a broad range of health, aged and community care services in five States and Territories – New South Wales, Victoria, Tasmania, South Australia and the Australian Capital Territory. Our Services include public and private hospital care, acute and sub-acute care, retirement and aged care services, and home based community care services.

Each year, our health care services care for some 80,000 inpatients providing some 440,000 days of hospital care. On an average day, we will have more than 800 inpatients in our hospitals. More than 4500 babies will be born in our six maternity units during the year. We also will provide 90,000 outpatient services, treat some 56,000 people through our emergency departments, and provide care for a further 90,000 people through our community-based services.

Our community care services encompass nursing and home care support services. More than 9000 clients per month are provided with home care support that enables older people, people who have been ill in hospital, and people with a disability to live independently in their own homes in the community.

Our health care services include specialist, sub-specialist and general medical and surgical services, maternity, rehabilitation, alcohol and other drugs, breast screening, outpatient medical and allied health services, emergency departments, inpatient and outpatient mental health services, community based palliative care and rehabilitation, respite care, artificial limbs services, community nursing and other outreach services.

Central to our mission, we are one of the largest palliative care service providers in Australia, with specialist palliative care services and facilities in five of our sites providing inpatient and community outreach services to over 6,500 people each year.

Our aged care services accommodate over 500 people in three levels of care – self-care or independent living, low care or hostel accommodation, and high care or nursing home accommodation.

There are more than 5700 full-time, part-time and casual staff working in the LCM Health Care system, including more than 2500 nurses. Some 126 doctors provide medical care in our facilities, with a further 1388 specialists providing visiting services.

LCM Health Care operates the following health, aged and community services:

Calvary Health Care ACT

† Comprises a 159 bed public and 109 bed private hospital providing an extensive range of inpatient, ambulatory care and outreach facilities and services which include; advanced surgery, medical, maternity, emergency, intensive care, inpatient and outpatient mental health, outpatient rehabilitation and allied health, day procedures, inpatient and

community-based palliative care, oncology inpatient and day only, onsite specialist consulting and diagnostic services.

† The ACT's public hospice (Clare Holland House) also forms part of Calvary Health Care ACT and is located on the shores of Lake Burley Griffin.

† Work has commenced on the development of a 48-bed sub acute facility including rehabilitation and psychogeriatric services, and for the further development of Calvary ACT as the Breast Care Centre for Canberra.



Scrubbing for theatre at Calvary ACT

Calvary Health Care Adelaide

† A 200 registered bed acute private hospital providing general medical and surgical services, day procedures, public and private lithotripsy, critical/intensive care, pre and post natal maternity, inpatient and outreach public and private palliative care through Mary Potter Hospice, day and inpatient oncology, diagnostic and specialist consulting suites.

Calvary Health Care Bethlehem

† A 70 bed sub-acute public health care service providing

- inpatient and community palliative care, geriatric evaluations and management, home respite, day centre programs, allied health and bereavement services and
- inpatient and community nursing for people with neurological disorders (specifically motor neurone disease, multiple sclerosis, parkinsonian syndromes, friedrich's ataxia, huntington's chorea, muscular dystrophy, spina bifida and cerebral ischaemia).

† Work is under way for Calvary Bethlehem to be relocated to a new site based in nearby Kingston.



Patient at Calvary Bethlehem with his grandson

Calvary Health Care Riverina

- † A 104 bed acute private hospital providing general medical and surgical services, coronary/intensive care, day procedures, sleep disorders, urodynamics, medical imaging, cardiovascular and physiology including cardiac catheterisation, pathology laboratory and collection unit, maternity, alcohol and drug and illicit drug rehabilitation services.
- † Calvary Day Procedures Centre is a free standing day surgery centre with three procedures rooms, 13 stage one recovery places and 15 stage two places.



In good hands at Calvary Riverina

Calvary Health Care Sydney

- † A 100 bed sub-acute public hospital providing a range of sub-acute and community services; palliative care, rehabilitation, the State-wide Artificial Limbs Scheme, community based palliative care, community rehabilitation and geriatric services, and home nursing services.

Calvary Health Care Sydney – Hurstville Community

- † A 71 bed acute private hospital which specialises in obstetrics including a Level 2 Special Care Nursery and surgical services comprising orthopaedic, gynaecology, ophthalmology, general surgery and day surgery centre.
- † Calvary Hurstville Community is supported by its adjoining medical centre which accommodates medical suites for obstetricians, orthopaedic surgeons, physiotherapy and private radiology practice, with sessional consulting rooms available for accredited VMOs.



Maternity services at Calvary Hurstville Community

Calvary Health Care Tasmania

- † The major provider of private acute and sub-acute health care services in Tasmania, including 420 beds in five campuses in Hobart and Launceston.
- † Calvary Lenah Valley Campus provides general medical and surgical services; critical care; endoscopy; maternity; neurosurgery; cardiac catheterisation; angiography; cardiovascular diagnosis; respiratory laboratory; emergency medicine and diagnostic imaging.
- † St John's Campus provides general medical and surgical services, day surgery, oncology, ENT and paediatric surgery, palliative care, inpatient rehabilitation and pain management services.
- † Rehabilitation Services Campus, New Town, provides outpatient rehabilitation services to adults and children.
- † St Lukes Campus Launceston provides general medical and surgical services, day surgery, oncology, endoscopy, post-natal maternity care and on site specialist consultations.
- † St Vincent's Campus in Launceston is a 120 bed hospital providing orthopaedics, urology, gastroenterology, plastic reconstructive surgery, colorectal surgery, and acute medical services.

Calvary Retirement Community Cessnock

- † A residential aged care community set in extensive grounds in the Hunter Valley, NSW, with 216 high care places (including 96 dementia care).
- † Development has begun on an 80 bed low care hostel, along with independent living units, as part of a comprehensive ageing-in-place community.



Missioning of executives at Calvary Cessnock

Calvary Retirement Community Ryde

- † A 300 resident village comprising a 60 bed high care nursing home (including a 20 bed dementia unit), 49-bed low care hostel and 122 independent living units placed in beautifully landscaped gardens with a community centre, and outdoor facilities.

Calvary Retirement Community Canberra

- † Approval has been received for the development of a three tier aging-in-place residential aged care facility on land acquired by LCM Health Care and opposite Calvary ACT. This \$40 million development will include 75 high care places, 25 low care places and 78

independent living units as well as a common community centre. The plans include provision of 32 places for people with dementia.



Sod turning for Calvary Retirement Community Canberra

Calvary Home Care Services (operating as Silver Circle and HCS Home Care Services)

† Provision of a broad range of services that support older people, people who have been ill in hospital and those with a disability, to live independently in their own homes in the community. These services that assist 9,000 clients each month in South Australia, Victoria and New South Wales include:

- Housekeeping and home care services
- Personal care
- Respite care
- Companionship
- Mobility assistance
- Home repairs, maintenance and modifications
- Emergency monitoring services
- Community aged care packages.

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LCM Health Care Mission, Vision and Values

Mission

Our Mission identifies why we exist:

We bring the healing ministry of Jesus to those who are sick, dying, and in need through “being for others”:

- † In the Spirit of Mary standing by her Son on Calvary;
- † Through the provision of quality, responsive and compassionate health and aged care services;
- † Based on Gospel values, and
- † In celebration of the rich heritage and story of the Sisters of the Little Company of Mary.

Vision

Our Vision identifies what we are striving to become:

Our Vision is to be, and to be recognised as, a leader in strengthening and developing Catholic Health at regional and national levels through the creation of integrated models of care where excellence and leadership are pursued by all to best meet the needs of the people and the communities we serve.

Values

Our Values identify how we act and treat others. As stewards of the rich heritage of care and compassion of the Little Company of Mary, we are guided by our values:

- † *Hospitality:* We demonstrate and foster openness to others in a spirit of warmth, compassion, and gracious receptivity.
- † *Healing:* We anticipate and respond to the needs of people by the provision of holistic care.
- † *Stewardship:* We ensure that our philosophy governs the way we relate to our people and to the communities we serve, that we respect and care for our environment, and that we use our scarce health care resources to best advantage as a united group.
- † *Respect:* We respect the sacredness of the gift of life, the value and dignity of all persons and our obligation to relate to all with justice and compassion.